



Progressive Care/Step Down Skills Checklist

Name: _____ **Date:** _____

In order to provide suitable assignments for you, this checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** (✓) in the appropriate box.

1 = No experience; Theory/observed only

2 = Limited competency; < 5 times per year; Needs supervision

3 = Acceptable competency; > 5 times per year

4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
General Patient Care				
Admission				
Advanced Directives				
Charge Nurse Experience				
Collect Appropriate Data				
Discharge Teaching				
Organ/Tissue Donation				
Patient and Family Teaching				
Preoperative Teaching				
Computerized Documentation				
Cardiac				
Abnormal Heart Sounds/Murmurs				
Apical Pulse				
Auscultation (Rate/Rhythm)				
Capillary Refill				
Color				
Pulses/Circulation Checks				
Abdominal Aortic				
Aneurysm				
Acute MI				
Angina				
Cardiac Tamponade				
Cardiac Teaching				
Cardiomyopathy				
Cardiopulmonary Arrest				
Carotid Endarterectomy				
Congestive Heart Failure				
Endocarditis				
EP Study & Ablation				
Femoral Popliteal Bypass				
Heart Transplant				
Hypertension				
Hypovolemic Shock				
Multi-System Organ Failure				

Skill Level	1	2	3	4
Cardiac cont.				
Myocardial Contusion				
Pacemaker-External				
Pacemaker-Permanent				
Pacemaker-Temporary				
Pacemaker-Transthoracic (Epicardial)				
Pericarditis				
Post AICD Insertion				
Pre/Post Cardiac Cath				
Pre/Post Cardiac Surgery				
Pre/Post PTCA/Stents				
Valve Replacement				
Ventricular Assist Device (RVAD or LVAD)				
Monitoring				
1. 12 Lead EKG				
2. Interpretation				
3. Arrhythmia Interpretation				
4. Arterial Line				
5. CVP Monitoring				
6. EKG Monitoring				
Labs				
1. BNP				
2. Cardiac Enzymes & Isoenzymes				
3. Coagulation Studies				
4. Troponin				
Pulmonary				
Adventitious Breath Sounds				
Assess Lung Sounds				
Oxygenation Status				
Rate and Work of Breathing				
Acute Pneumonia				
ARDS				
Asthma				
Chest Trauma				

Pulmonary cont.				
Chest Tube				
COPD				
Inhalation Injuries				
Lobectomy				
Lung Transplant				
Near Drowning				
Pre/Post Thoracic Surgery				
Pulmonary Edema				
Pulmonary Embolism				
Status Asthmaticus				
Tension Pneumothorax				
Tracheostomy/Tuberculosis				
Pulse Oximetry Monitoring				
ABGS Lab				
Neurological				
Glasgow Coma Scale				
Level of Consciousness				
Reflex/Motor Deficits				
Visual/Communication Deficits				
Acute Head Injury				
Alzheimer's Disease				
CNS Infection				
Coma				
CVA				
DTS				
Encephalitis				
Halo Traction/Cervical Tongs				
Increased ICP				
Intracranial Hemorrhage				
Laminectomy				
Meningitis				
Metastatic Tumor				
Multiple Sclerosis				
Neuromuscular Disease				
Pre/Post Neuro Surgery				
Seizure Disorder				
Spinal Cord Injury				
TIA's				
Tumor Resection				
Ventriculostomy				
Gastrointestinal				
Bowel Sounds				
Colostomy Care				
G.I. Assessment				
Abdominal Wounds and Surgeries				
Blunt Trauma				

Gastrointestinal cont.				
Bowel Obstruction				
Colostomy				
Esophageal Bleeding				
GI Bleeding				
Hepatitis				
Ileostomy				
Inflammatory Bowel Diseases				
Jejunostomy Tube				
Liver Cancer				
Liver Failure				
Treatment Side Effects Chemo/Radiation				
Pancreatic Cancer				
Pancreatitis				
Paralytic Ileus				
LFTs Lab				
Serum Ammonia Lab				
Serum Amylase Lab				
Nutritional Status Monitoring				
Renal/Genitourinary				
Skin Tugor				
Acute Renal Failure				
End Stage Renal Disease				
Hemodialysis				
Nephrectomy				
Nephrostomy Tube				
Peritoneal Dialysis				
Renal Transplant				
Suprapubic Cath				
V Fistula/Shunt				
Fluid Balance Monitoring				
Measurement I & O Monitoring				
Bun & Creatinine Lab				
Serum Electrolytes Lab				
Endocrine/Metabolic				
Diabetic				
Diabetic Ketoacidosis				
Drug Overdoes				
Insulin Shock				
Blood Glucose Lab				
Thyroid Studies Lab				
Musculoskeletal				
Cast Care				
Circulation/Pulse Checks				
Amputation				
External Fixation				
Joint Replacements				

Musculoskeletal cont.				
Multiple Trauma				
Paraplegia				
Rheumatoid Arthritic Disease				
Immunology/Hematology/Oncology				
Blood Transfusions				
Acute Leukemia				
Cancer				
Disseminated Intravascular Coagulation				
HIV/Aids				
Treatment Side Effects Chemo/Radiation				
Sepsis				
Hematology Lab				
Wounds/Integument				
S/S Infection Assessment				
Skin Assessment				
Burns				
Staged Decubitus Ulcers				
Stasis Ulcers				
Surgical Wounds with Drains				
Skin Breakdown Monitoring				
Medications Administration				
Administer IM and SQ Meds				
Administer PO Medications				
Bladder Irrigation and Instillation				
Needleless Systems				
IV Therapy				
Assess/Maintain IV Insertion Site				
PICCS				
Inserting IVs				
Multi-Lumen Central Venous Catheters				
Blood				
Administer Blood/Blood Products				
Albumin				
Nutritional Therapy				
Dobhoff Insertion				
Enteral Administration				
Gravity/Bolus Tube Feedings				
J-Tube				
NGT Insertion				
PEG				
TPN and Hyperalimentation				
Oxygen Administration				
Ambu-Bag				
Nasal Cannula				
Nebulizer Treatments				
Non-Rebreather Mask				

Oxygen Administration cont.				
Portable Oxygen				
Tracheostomy Tube				
Venti Mask				
Pain Management				
Assess Pain Level/Tolerance				
Epidural Anesthesia/Analgesia				
Moderate Sedation				
Patient Controlled Analgesia				
Ramsey Scale				
Procedures/Equipment				
Chest Tube Drainage Systems				
Doppler				
Drains (JP-Hemovac-Penrose)				
Dressing Changes				
Establish/Protect Airway				
Femoral Artery Sheath Removal				
Foley				
Hyper/hypothermia Blanket				
Incentive Spirometry				
Isolation				
Specialty Beds				
Sterile Dressing Changes				
Suction (ET-Oral-Trach-Nasal)				
Universal Precautions				
Wound Care/Irrigations				
Wound Vac				
Specimen Collection				
1. Arterial Line Draw				
2. Butterfly Stick				
3. Central Line Draw				
4. Clean Catch Urine				
5. Cultures-Blood				
6. Dip Stick				
7. Finger Stick				
8. Stool				
9. Sputum				
10. Sterile Urine				
11. Throat Swabs				
12. Venipuncture				
Assisting with				
1. Bedside Invasive Procedures				
2. Bronchoscopy				
3. Cardioversion/Defibrillation				
4. Central Line Insertion				
5. Chest Tube Insertion				
6. Chest Tube Removal				

Procedures/Equipment cont.				
Assisting with cont.				
7. Emergency Tracheostomy				
8. ET Intubation and Extubation				
9. Lumbar Puncture				
10. Open Chest Emergency				
11. Pericardiocentesis				
12. Paracentesis				
13. Temporary Pacemaker Insertion				
14. Thoracentesis				
15. Transesophageal Echocardiogram				
Age Specific Practice Criteria				
Newborn/Neonate (birth - 30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School age children (5 - 12 years)				
Adolescents (12 - 18 years)				
Young adults (18 - 39 years)				
Middle adults (39 - 64 years)				
Older adults (64+ years)				

Critical Care Settings				
Interventional Unit				
PCU				
Stepdown				
Tele				
EMR				
AllScripts				
ARIA				
Canopy				
Epic				
Cerner				
Eclipsys				
McKesson				
Meditech				
Other Computerized System				
Computerized Physician Order Entry				
Bar Coding for Medication Administration				

Please list any areas of expertise below:

I hereby certify that ALL information I have provided to Mobile Health Team on this skills checklist is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.

Nurse Signature: _____ Date: _____